

Pharmacy Series

Fall 2011

Hosted by The Greens at Cannondale

Presented by



"The Area's Premier Assisted Living Community."
(203) 761-1191



Hope Street
Pharmacy

221 Hope Street, Stamford, CT 06906
(203) 348-5366

Thursday, October 20, 2011 - 6 p.m.

"Arthritis-Newest Treatment Guidelines"

Presented by Grzegorz Rdzak, PharmD

A review of the disease state. Options on how to prevent, and an overview of medications used to treat.

Thursday, October 27, 2011 - 6 p.m.

"New Trends in Nutrition"

Presented by Kara Moscato, MS, RD

When it comes to the aging, nutrition needs is not general but rather specific. An overview of the basic nutritional guidelines regarding the needs of the aging person. Various topics introduced in this presentation include vitamin and mineral needs, the importance of fluids, and grocery shopping for one.

Thursday, November 3, 2011 - 6 p.m.

"Top 10 Herbal Products"

Presented by Allison Wienczek, PharmD and Kristen Murray, PharmD

A discussion of how herbals are regulated, common uses of the "top ten" on the market, and important interactions to keep in mind when deciding to use a herbal product.

Thursday, November 10, 2011 - 6 p.m.

"Dementia vs. Alzheimer's"

Presented by Diane Corba, BPharm

Presenting information that differentiates dementia caused by various disease states and Alzheimer's disease. We will discuss the diagnosis, causes, research being done in the field, and treatment options available; both medical and non-medical. There will be a discussion of the medications used in these treatments, side effects, and benefits.

Thursday, November 17, 2011 - 6 p.m.

"Sleep Problems"

Presented by Grzegorz Rdzak, PharmD

An overview on how to prevent sleeping problems: non-pharmacological approaches on how to prevent and treat sleep problems. Also a review of prescribed medications, benefits and side effects.

Presentations at The Greens at Cannondale, 435 Danbury Road, Wilton, CT 06897

R.S.V.P. Required (203) 761-1191 • www.thegreensatcannondale.com

Dinner at 5:30 p.m. • Presentations at 6:00 p.m.

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The Greens at Cannondale
435 Danbury Road
Wilton, CT 06897

Pharmacy Series Event Calendar Fall 2011

How to get to The Greens at Cannondale 435 Danbury Road in Wilton, Connecticut

(Danbury Road is also known as Route 7).

Use the Cannondale stop on the Metro North/Danbury Line

Driving Directions:

From the Merritt Parkway/Rt. 15 South:
Take Exit 41 / Route 33 North to Wilton. Follow Route 33 to Route 7 (Danbury Road). Follow Route 7 The Greens at Cannondale is past Wilton High School on your left.

From the Merritt Parkway/Rt. 15 North:
Take Exit 39B/Route 7/Danbury. Follow Rt. 7 past Wilton High School, The Greens at Cannondale is on the left.

From I-95 South:
Take Exit 17/Route 33 towards Westport. Stay on Route 33 until you get to Route 7. (They will merge at this point). Follow Route 7 until you pass Wilton High School, The Greens at Cannondale will be on your left.

From I-95 North:
Take Exit 15/Route 7 towards Norwalk/ Danbury. Follow Route 7, you will pass Wilton High School and The Greens at Cannondale is on your left.

